



November 2011



COMMUNITY THANKSGIVING DINNER

The City of Mesquite Leisure Services Department will be host its annual "Community Thanksgiving Dinner" on Wednesday, November 23 from 12:00 p.m. to 6:00 p.m. at the Mesquite Community and Senior Center located at 102 W. Old Mill Road.

The annual dinner is a free event open to everyone and ensures that all members of the community, regardless of income, have a meal to enjoy with others on the holiday and that no one in Mesquite is hungry or alone.

It's an excellent way to come together to celebrate the fact that we live in a great community! Last year the dinner served over 2000 people along with 330 meals delivered to homebound seniors.

The dinner is only made possible through the generosity of individuals, businesses, groups and clubs. If you, your business, or organization is interested in contributing time, money or product, or you have additional questions please contact Griseyda (gbelalcazar@mesquitenv.gov) or Krissy (kthornton@mesquitenv.gov) at 346-5290.

Volunteers are needed in the preparing for the meal, cooking and assisting in the kitchen during the day of the event, serving, homebound meals (drivers), cleaning up, and in providing entertainment. Volunteers must register prior to the event, no walk-ins will be allowed.

"Disabled American Veterans"

Service Office will be here Tuesday, November 1 from 9 a.m. to 4 p.m. to assist the veterans of Mesquite.

If you are a Veteran and have any questions please stop by.



"THANK YOU"

The Senior Center would like to give a big "Thank You" to our resident **THOMAS GARRAR.**



This is his second year of donating 55 Pumpkin's to the Senior Center.

If you happen to run across this gentle hearted man please give him a big Thank You.

"Medicare Open Counseling"

Date: Wednesday, Nov 2

Time: 10 a.m.- 2 p.m.

Location: Senior Center

Contact Phone Number: (702) 346-5290

A certified Medicare counselor will be on site to assist Medicare beneficiaries with their prescription drug plans. This service is free and open to the public.

Real Nutrition + Real Science + Real Results = Pollen Burst

Perhaps You Already Know What The World's most Powerful Nutrient Food Source Is; And Again, You May Know What The World's Most Powerful Anti-Aging Antioxidant Is.

What You May Not Know Is; that Nutritional Science has found the key to harvesting these substances from nature's own source. They are now available for your Health, Longevity, Renewed Energy, Weight Management Benefits and Relief from Joint and Muscle Pain just to mention a few benefits.

For more information visit the display and sample table at the Senior Center November 9, 11:00-12:30 or email questions to kjen43@cascadeaccess.com.

MEDITERRANEAN CRUISE

Come join the **Mesquite Toes** on their cruise to the Mediterranean!
May 15-28, 2012

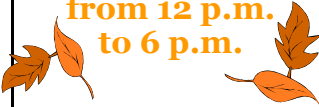
Flyer available at the Sr. Center or contact Vicki Eckman at 346-3604.

**November
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MENU



Lunch served from 11:00 am to 12:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Foccacia (Pizza) Salad, Home made Ranch, Three Bean Salad, Fruit	2 Chicken Fried Steak, Mashed Pota- toes w/gravy, Carrots Fruit	3 Slow Cooked Roast, Red Potatoes, Home- made Roll, Green Beans, Pumpkin Chocolate Chip	4 Fish and Chips, Green Pea's, Applesauce
7 Sheppard's Pie, Vegetable, Biscuit, Fresh Fruit	8 Creamy Chicken, Mashed Potatoes, Corn, Home Made Rolls, Homemade Dessert	9 Ham and Cheese Calzone, Mac and Cheese, Chips, Fruit	10 Swedish Meatballs, Over Rice, Normandy Vegetables, Homemade Dessert	11 Veterans Day Senior Center Closed
14 Chicken Rice Casserole, Broccoli, Fruit	15 Beef Stroganoff, W/Noodles, Carrots, Corn Bread, Fruit	16 Tuna Casserole, Broccoli, WW Roll, Homemade Dessert	17 Roast Pork, Stuffing w/Gravy, Peas, Roll, Dessert	18 Meat Loaf, Mashed Potatoes w/Gravy, Mixed Vegetables, Fruit
21 BBQ Chicken Breast, Macaroni/Cheese, Baked Beans, Fruit	22 Hot Dog, Bowl of Chili, Crackers, Fruit	23 Thanksgiving Dinner served from 12 p.m. to 6 p.m. 	24 Thanksgiving Day Senior Center Closed	25 Family Day Senior Center Closed
28 Liver and Onions, Scalloped Potatoes, Carrots, Fruit	29 Homemade Lasagna, Garden Salad, Garlic Bread, Birthday Cake	30 Tomato Soup, Grilled Ham and Cheese, Beets, Fruit		

Nutrition Program

Lunch is served from 11:00 am to 12:30 pm,

- Monday through Friday (except holidays)
- Menu is subject to change.
- A \$2.50 donation is suggested for 60 years and older.
- \$4.00 fee for 59 and under.

Food Allergy Notice

Food items may contain these or other allergy causing ingredients:

Nuts, Milk, Eggs, Wheat,
Soybeans, Peanuts, Fish, and
Shellfish

Social Security

Social Security comes every 3rd Wednesday of each month from 8:30-10 a.m.

They are located at the Mesquite Deuce Suite 1 150 N. Yucca St.

Senior News/Trips



<p>November 4 “Pomegranate Festival” Departure: 8:30 a.m. Return: 2:30 p.m. Bus fee: \$15.00 (Free Entrance) Location: Logandale, NV</p>	<p>November 9 “Legal Assistance” Time: 11:30-12:30 p.m. Fee: Free Senior Lawyer will be here to help seniors with any legal advice.</p>	<p>November 11 “Time Out Women Expo & Chuck a Rama” Departure: 9 a.m. Return: 2 p.m. Fee: \$15 (Transportation) <i>Lunch fee is on the participant.</i> Location: St. George, UT</p>
<p>November 16 “Jubilee of Trees” Departure: 9 a.m. Return: 2 p.m. Location: St. George, UT Fee: \$15 (Transportation) Fee: \$3 (Entrance)</p>	<p>November 23 COMMUNITY THANKSGIVING DINNER Time: 12-6 p.m. Location: Mesquite Community and Senior Center Fee: FREE</p>	<p>November 24 & 25 MESQUITE COMMUNITY AND SENIOR CENTER CLOSED</p>
<p>November 25 Santa’s Workshop/ Olive Garden Departure: 8 a.m. Return: 2 p.m. Fee: \$15.00 (Transportation) Location: St. George, UT <i>Lunch fee is on the participant.</i></p>	<p>November 30 Dickens Festival Departure: 9 a.m. Return: 2 p.m. Fee: \$15 (Transportation) Fee: \$5 (Entrance) Location: St. George, UT</p>	<p>December 7 Festival of Lights/Live Nativity Departure: 4:45 p.m. Return: 8 p.m. Fee: \$15 (Transportation) Fee: \$3 (Entrance) Location: St. George, UT</p>
<p>December 9 Holiday Shopping Departure: 8:30 a.m. Return: 5 p.m. Location: Las Vegas Boulevard Mall Fee: \$15 (Transportation)</p>	<p>December 14 Holiday Shopping Departure: 8:30 a.m. Return: 5 p.m. Location: Las Vegas Galleria Mall Fee: \$15 (Transportation)</p>	<p>December 21 Holiday Shopping Departure: 8:30 a.m. Return: 5 p.m. Location: Las Vegas Fashion Mall Fee: \$15 (Transportation)</p>

December 31 “New Year’s Party”

Time: 7 p.m. to Midnight Fee: \$15
 Location: Mesquite Community and Senior Center
 Contact: Krissy (kthornton@mesquitenv.gov)

Registration Deadline: Dec. 16, 2011
 *Must have 50 participants to host party.
 Phone: 346-5290



CARDS AND TILE GAMES

<p>Monday Open Pinochle Time: 8 a.m.-4 p.m.</p>	<p>Tuesday Mexican Train Dominos Mah-Jongg Time: 12-3:30 p.m.</p>	<p>Wednesday Open Pinochle Time: 8 a.m.-4 p.m.</p>	<p>Thursday Mah-Jongg Time: 12:30-3:30 p.m. Cribbage Time: 12:30-3:30 p.m.</p>	<p>Friday Pinochle Time: 8 a.m.-3:30 p.m. Canasta & Mah-Jongg Time: 12:30-3:30 p.m.</p>
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HAPPENINGS

Chair Class (Ongoing)

Time: 10:30-11:15 a.m.

Fee: Free to Recreation Center Members
\$5 per class for non-members

Location: Mesquite Community/Senior Center

Swedish Weaving (Marquise Design)

Time: 1-3:30 p.m.

Date: November 8, 2011

Fee: \$5.00

(Additional materials available for \$5 each)

Learn the pattern and use on afghan, place-mats, Tote bags, and more.

Marbleized Cardstock and Tiny Gift Boxes

Time: 1-3:30 p.m.

Date: November 22 (Tuesdays)

Fee: \$3.00 (3 boxes)

(super easy, super-quick, super-fun class)



Iris Fold Christmas Card

Time: 1-3:30 p.m.

Date: November 28

Fee: \$3 (for 1) \$4.00 (for 2)

This simple technique creates a truly unique card. All materials supplied.



ATTENTION FORMER CANASTA PLAYERS

Enjoy the recent revival of the FUN game that we all enjoy so long ago. Lessons to refresh your memory on how to play will be given.

Never played before come any way.

Hopefully, we'll get enough interest to host a new group. "Hand & Foot" is merely another form of Canasta.

For more information contact the Community/Senior Center at (702) 346-5290.

"TOYLAND" Festival of Trees

Wednesday, November 9-Opening, 6-8 p.m.

Thursday, November 10-Festival Open, 2-8 p.m. Veteran's Program 6 p.m.

Friday, November 11-Festival Open, 10a.m.-8 p.m. Children's Toyland Lunch with Santa-Noon

Saturday, November 12-Festival Open, 10 a.m.-6 p.m.

This event will be held at Casa Blanca Special Event Center Tent.

CRAFT CLASS NOTICE

The craft class have been moved back to Tuesdays from 1-3:30 p.m. in the back room at the Senior Center.

Sorry for any inconvenience this may cause you. Remember that classes are limited to 8 participants.

Please contact the Senior Center (346-5290) to reserve a spot.

* Walk ins are welcome upon availability.

Beading

Time: 1-3:30 p.m.

Date: November 15

Fee: \$5.00



Bead I- open to anyone, beginners welcome, using last years patterns.

Bead II- 2nd year leaders. You must know how to thread a needle, tie-off, attach clasp, and read a pattern.

Classes upon availability. Beginning December to April TWO classes will be offered.

League of Women Voters

Location: Community/Senior Center
Day: Thursdays Time: 11:00 to 12:30.

Senator Heck's Office



A Representative from Senator Heck's Office will be here every 4th Wednesday starting in February 9 a.m. to 12 p.m.

Norma's Scrapbooking Classes Ongoing Classes

Date: Fridays Time: 9-11:30 a.m.

Fee: \$10 (for the basic)

Materials: Bring photos for 10 pages
Sign up required week prior.

Quilt Group

(Meets the first 3 Wednesday's each month)

First Wednesday

12:30-3:30 p.m. - "Sew and Tell"

Second Wednesday

Starting at 10 a.m. - "Quilting for others"

Third Wednesday

10 a.m.- 3:30 p.m. - "Work on your projects"