

JULY 2008

102 W. Old Mill Road

City Of Mesquite

702-346-5290

Senior Services Staff

- Sally Coates—Manager
- Sharon Leavitt—Head Cook
- Concepcion Felix—Cook
- Barbara Butterfield—Driver
- Krissy Thornton — Party Planner
- Rosie Cates— Aide
- Isela Zarate— Aide

SENIOR CENTER HOURS
7:00 am to 4:30 pm Monday—Friday Except Holidays



Mesquite City Fire Works

On July 4, 2008,
An Independence Day
Celebration
at the Mesquite Recreation
Center. Celebration begins at
10:00 a.m. and goes
till 9:30 p.m.
Fire works will start at
9:30 p.m.
Happy 4th of July



Changes
Coming to the Senior Center
Effective July 1, 2008

New Hours

For Senior Center
7:00 a.m. to 4:30 p.m.

And to be in compliance with the State
of Nevada Aging Services Grants,
Our Sign in sheets will have your
name listed and then you will sign next
to your name.

This Nation will remain the land of the Free
only so long as it is the Home of the Brave...



Lyndon B. Johnson

4th of July Party

We will be having a 4th of July party here at
the Senior Center.

On Thursday July 3, 2008,

Kick off with a Movie

“National Treasure 2” at 9:00 a.m.

4th of July Program starts at 11:15 a.m

BBQ at 11:30 a.m.

Watermelon Eating Contest at 12:00

Please wear Red, White, and Blue on that day.

For the Program **please** be here early.

Around 10:50 a.m. and the Program will start
at 11:15 a.m.



History of the Fourth of July

On July 4, 1776, we claimed our
independence from England
in the

Declaration of
Independence and
Democracy was born.

In the United States,
Independence Day is a holiday
celebrating the adoption of our
Declaration of Independence by
the continental Congress in
Philadelphia on
July 4, 1776.

The actual signing of the
Declaration of
Independence was
completed in
August 1776.

Betsy Ross sewed the first
American flag. Experts
say that Francis Hopkinson is
The man that designed the Flag.

Morning Movie Madness

On July 24, 2008

We are having

Doughnuts

plus we will be
watching a movie

“ 10,000 years to BC”,
Starting at a 9:00 a.m.



July 23

Is national
Ice Cream Day.

In 1984 president Ronald
Reagan designated July as
National Ice Cream
Month. On July 23 we will
be having an
Ice Cream Bar.
Starts at 11:15-12:30

July 2008

MENU

Lunch served from 11:30 am to 12:30 pm

BIRTHDAYS

We will be celebrating July birthdays on the 30th Birthday Cake will be served with lunch. If your birthday is this month, please inform our greeter at the receptionist

Senior Services News

	Tuesday	Wednesday	Thursday	Friday
	1 Egg Salad Sandwich, Picnic Macaroni Salad, Chips, Biscuit Blossoms	2 Philly Steak Sandwich, Spinach Salad, Beets, Fruit Parfait	3 4th of July Picnic	4 Senior Center Closed For the 4th of July
7 Salmon in Lemon Butter, White Rice, Mixed Vegetables, Apricots	8 Ham/Cheese Croissant, Red Potato Salad, Veggie Sticks, Pumpkin Chocolate Muffin	9 Navajo Taco, Lettuce, Cheese, Pinto Beans, Rice, Salsa, Jello w/Fruit	10 B-B-Q Ribs, 3 Bean Salad, Salad Bar, Summer Pie	11 Liver & Onions Cheesy Potatoes, Normandy Vegetables Peanut Butter Ritz Squares
14 Sausage, Scrambled Eggs, Hash browns, Buttermilk Biscuit, Orange Slices	15 Spaghetti, Salad Bar, Corn Bread Peaches	16 Dutch Oven Chicken, Dutch Oven Potatoes, Baby Carrots, Dutch Oven Cherry Cobbler	17 Meatloaf, Mashed Potato/ Gravy, Salad Bar, Cinnamon Roll	18 Roast Pork, Stuffing, Peas, Apple Sauce
21 Cajun Baked Catfish, Red Bean's & Rice, Mixed Vegetables, Butterscotch Blondes	22 Corn Beef & Cabbage, Salad Bar, Normandy Vegetables, Emerald Salad	23 Roast Turkey, Stuffing/Gravy, Carrots, Home Baked Roll, Ice Cream Bar	24 Beef Stroganoff, & Noodles, Salad Bar, Corn Bread, Seasonal Fruit	25 Chicken Fried Steak. Mashed Potato/Gravy, Green Beans, Chunky Applesauce
28 Salisbury Steak, Mashed Potato/Gravy, Summer Squash, Pineapple	29 Summer Soup, Grilled Cheese Sandwich, Salad Bar, Summer Dessert	30 Pork Carnitas, Rice, Beans, Salsa, Birthday Cake	31 Baked Chicken, Mashed Potatoes w/gravy, Salad Bar, Corn Bread, Seasonal Fruit	

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.

The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



CARDS AND TILE GAMES

WEEKLY SCHEDULE



MON Open Pinochle 8:00 am to Noon



TUES Mexican Train Dominos 12:30 pm to 3:30pm
Mah-Jongg 12:30 pm to 3:30

WED Open Pinochle, 12:30 pm to 3:30pm
Mah-Jongg 12:30 pm to 3:30 pm

THUR Mah Jongg 12:30 pm to 3:30 pm
Cribbage 12:30 pm to 3:30 pm

FRI Open Pinochle 8:00 am to Noon



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