

# Summer Aquatics Programs 2010

## SWIMMING LESSONS:

The City of Mesquite offers “American Red Cross Learn to Swim” classes. Swim classes are offered for ages 3 years and older. To determine your child’s skill level refer to the class descriptions below.

Session	DATES	DATES	<b>Fee:</b> \$35 / 1 week <b>Days:</b> Monday thru Friday <b>Time:</b> 10:30 a.m. – 11:15 am.
1	June 07 – 11	July 12 – 16	
2	June 14 – 18	July 19 – 23	
3	June 21 – 25	July 26 – 30	
4	July 05 – 10		

**ATTENTION PARENTS:** Times are subject to change depending on registration. Classes are on first come first serve basis.

### BEGINNER SWIM LESSONS - LEVEL 1 & 2      **Age: 3 yrs & up**

Participants will be oriented and learn to feel comfortable in the water, learn elementary aquatic skills, and develop safe practices in and around the water. Skills taught in these levels are floating, kicking, and basic stroke development. Children will be tested the first day to ensure proper skill placement.

**Level 1 & Level 2: 45 Minute Class.**

### ADVANCED SWIM LESSONS - LEVEL 3 & 4      **Age: 6 yrs & up**

Levels III & IV are designed to build on the skills taught in Levels I & II. Skills taught in these advanced swim lessons include: advanced stroke development and refinement, safety and rescue skills.

**Levels 3 & 4: 45 Minute Class.**

# SWIM TEAM



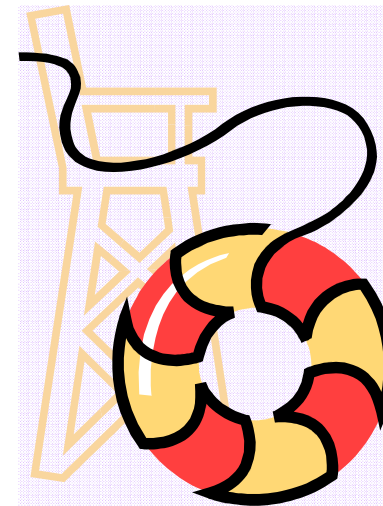
**Fee:** \$85.00

**Date:** June 7 thru August 7, 2010

**Days:** Monday thru Thursday

**Time:** 8:00 A.M. - 9:00 A.M. Advanced Practice  
9:00 A.M. - 10:00 A.M. Intermediate Practice

This is a recreational level swim team program that focuses on teaching and promoting good sportsmanship, encourages self-esteem and team work. Participants will practice to develop strokes and improve personal times and skills. This program emphasizes personal improvement. Program fee includes practice four days per week, T-shirt, and five home meets. Swim Team coaches and staff will determine what practice time your child is placed in according to their skill level.





Mesquite Recreation and Parks Department

100 W. Old Mill Road, Mesquite, Nevada 89027

Phone: (702) 346-8732

## **Morning Lap Swim (Age: 16+) MORNING**

**Date:** May 3 –October 2 (**Weather permitting**)

**Fee:** \$5 drop-in / Free to pass holders

**Days:** Mon./Wed./Fri.

**Time:**5:30 a.m. - 6:30 a.m.

## **FAMILY NIGHT**

**Fee:** Free to pass holders or daily group fee.

**Day:** Mondays & Wednesdays

**Time:**6:30pm – 8:30pm



## **TEEN NIGHT (Ages 11-17)**

**Fee:** \$2 per person, activities and games planned.

**Day:** Thursdays

**Time:**7:00pm – 8:30pm



## **OUTDOOR OPEN SWIM**

**Memorial Day through Labor Day  
(Seasonal Hours)**

<b>Monday – Thursday</b>	<b>12:00 p.m. – 6:00 p.m.</b>
<b>Friday</b>	<b>12:00 p.m. – 5:30 p.m.</b>
<b>Saturday</b>	<b>10:00 a.m. – 6:00 p.m.</b>
<b>Sunday</b>	<b>09:30 a.m. – 12:30 p.m.</b>

## **INDOOR OPEN SWIM**

<b>Monday – Thursday</b>	<b>5:00 a.m. – 5:30 p.m.</b>
<b>Friday</b>	<b>5:00 a.m. – 5:30 p.m.</b>
<b>Saturday</b>	<b>8:00 a.m. – 6:00 p.m.</b>
<b>Sunday</b>	<b>9:30 a.m. – 12:30 p.m.</b>

**Please note: Pool hours of operation are subject to change/closure for inclement weather, special events, classes, programs and for unforeseeable circumstances.**