

Senior Services Program News

SEPTEMBER 2007



102 W. Old Mill Road City Of Mesquite 702-346-5290

SENIOR SERVICES AT THE SENIOR CENTER

Senior Services Staff

- Sally Coates—Supervisor
- Sharon Leavitt—Head Cook
- Concepcion Felix—Cook
- Barbara Butterfield—Driver
- Krissy Hall —Sr. Services Aide

SENIOR CENTER HOURS

8:00 am to 3:30 pm,
Monday—Friday
except holidays.
www.mesquitenv.com

Social Security- The 4th Wednesday of every month, From 9:00a.m. to 10:30a.m. at the City Hall.. (Doors open at 8:00 a.m. so come early and add your name to the list)

Veteran Assistance– This Program is for all Veteran’s who needs help and some questions answered . Every Monday 11:00 a.m. to 12:30 p.m. at the Senior Center. Sponsored by the Vietnam Veterans of American Helping all Veterans.

Oxygen Levels Checked– Oxygen levels will be checked on the 2nd Thursday of each month. From 11:15 a.m. to 12:30 p.m. (This Month’s Date is August 9th)

Foot Clinic– The Foot Clinic will be at the Senior Center the 1st Monday of every Month. For Appointments and information please contact Nevada Health Services at (702-220-9932)

Telephone Reassurance Program– This program is to check on your well being. Every day our friendly volunteer will call and chat with you. Make sure your doing great. To Register for this Program or for more information, please call or come by the Senior Center. (346-5290)

Blood Pressure Checks– The 3rd Friday of every month, from 11:00 a.m. to 12:00 p.m.



Grandparents Day

We are having a Grand Parent Day Party At the Senior Center.. On September 7, 2007 From 11:00 a.m. to 12:30, We will have Games, and Have an ice cream Bar for everyone.

HAPPY FALL SEASON TO ALL OF YOU

MESQUITE SENIOR CENTER

Join us for these exciting trips
Price includes ticket and transportation

AARP “55” ALIVE DRIVING CLASS



SEPTEMBER 19, AT 8:00 A.M. MESQUITE CAMPUS. REGISTER NOW AT THE RECREATION CENTER

SEPTEMBER 4- 42nd Street, Tuachan	\$21.00
SEPTEMBER 10– Blue Diamond Outlets/Las Vegas	\$24.00
SEPTEMBER 14– Dixie Roundup Rodeo/St.George	\$19.00
SEPTEMBER 19– Spend a day in Sam’s Town/Las Vegas	\$14.00
SEPTEMBER 28– Harvest Moon Festival/Ivins UT	\$14.00
OCTOBER 5– A day at the Indoor Swap Meet/Las Vegas	\$14.00
OCTOBER 17– The Auto Collections/Imperial Palace	\$16.50
OCTOBER ‘07– The Foreigner/St. George Theater	\$20.00



MENU

BIRTHDAYS

We will be celebrating SEPTEMBER birthdays on the 27TH Birthday cake will be served with lunch. If your birthday is this month, please inform our greeter at the receptionist desk.



Lunch served from 11:30 am to 12:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED LABOR DAY	4 Lasagna, Carrots, Garlic Toast, Seasonal Fruit	5 Chicken Poppy Seed Casserole, Green Beans, Roll, Peachy Surprise	6 Coconut Shrimp w/ Mar- malade Dipping Sauce, Sweet Potato, Vegetable Blend, Pears	7 Meatloaf, Mashed Potato/Gravy, Mixed Vegetables, Ice Cream Bar
10 Bacon Broccoli Quiche Green Beans, Home Made Roll, Cinnamon Rolls	11 Sweet BBQ Chicken Kabobs, Pea's & Onions, Roll, Cherry Crisp,	12 Roast Pork, Stuffing w/Gravy, Corn, Home-made Roll, Seasonal Fruit	13 Stuffed Peppers, Mixed Vegetables, Roll, Pears	14 Hot Turkey Sandwich, Mashed Potatoes w/gravy, Carrots, Cranberries
17 Lemon Fish, Rice, Cozumel Vegetable Blend, Roll, Peaches	18 Chicken Cacciatore Linguini, Zucchini, Breadstick, Almond Cookie	19 Enchiladas, Refried Beans, Mexi-Corn, Quick Double Chocolate Brownie	20 Beef Stroganoff & Noodles, Broccoli Corn Bread, Pears	21 Chicken Fried Steak, Mashed Potatoes w/Gravy, Carrots, Roll, Spiced Plums
24 Chicken Caesar Wrap, Broccoli Salad, Roll, Lemon Bars	25 Spaghetti & Meatballs, Normandy Vegetables, Garlic Bread, Peaches	26 Philly Steak Sandwich, Pasta Salad, Chips, Seasonal Fruit	27 Beef & Cheese Tater Bake Green Beans, Corn Bread, Birthday Cake	28 Pork Chop, Scalloped Potatoes, Carrots, Applesauce

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.

The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



CARDS AND TILE GAMES

WEEKLY SCHEDULE

MON	Open Pinochle	8:00 am to Noon
TUES	Mexican Train Dominos Mah-Jongg	12:30 pm to 3:30pm 12:30 pm to 3:30
WED	Open Pinochle, Mah-Jongg	12:30 pm to 3:30pm 12:30 pm to 3:30 pm
THUR	Mah Jongg Cribbage Bridge	12:30 pm to 3:30 pm 12:30 pm to 3:30 pm 12:30 pm to 3:30 p.m
FRI	Open Pinochle Open Pinochle, Canasta	8:00 am to Noon 12:30 pm to 3:30 pm

