



January 2009

102 W. Old Mill Road

City Of Mesquite

702-346-5290

Senior Services Staff

- Sally Coates—Manager
- Sharon Leavitt—Head Cook
- Concepcion Felix—Cook
- Krissy Hall — Sr. Program Assistant
- Isela Zarate- Aide
- Kimberly James-Aide
- Lauralee Driffell-Driver

SENIOR CENTER HOURS

7:00am to 4:30pm

Monday—Friday

Except Holidays

www.mesquitenv.gov

70270346-5290

A brown bag lecture by
Marcia “koko” kokoczka,
Pottery Instructor
January 6, 2009 at the
Mesquite Fine Arts Gallery,
Starts at 12:00 p.m.
She will be making Rolled
Pottery Techniques.



Legal Services

We will have a lawyer from
Nevada Legal Services,
Here at the Senior Center
on January 15th, from 11:30
a.m to 12:30 p.m.

If you have any questions
about any legal problems
Come on in.



May all your troubles last as long as your
New Years Resolutions...

Joey Adams



The Senior
Center will
be closed the
19th of January
in observance of
Martin
Luther King
Birthday.

We would like to wish you all a
very Happy new year. We hope that 2009
brings you great health, a lot of happiness,
and more love than you can ever hope
for. We thank you for your friendship and
letting us be a part of your life,
we look forward to
sharing this new year with all of you.
May god bless you all and
keep you safe.

From the staff at the Senior Center



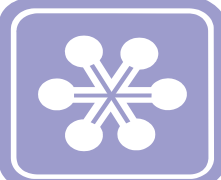


January 2009

M E N U



Lunch served from 11:30 am to 12:30 pm

Senior Services News

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Senior Center Closed New Years Day	2 Chicken Fried Steak, Mashed Potatoes, Country Gravy, Green Beans, Pineapple
5 Beef Stroganoff With Noodles, Carrots, Roll, Pears	6 Ham & Swiss Cheese Wrap, Sour Cream Potato Salad, Salad Bar, Lemon Bars	7 Dutch Oven Chicken, Dutch Oven Potatoes, Corn, Peach Snack Cake	8 Liver & Onions, White Rice , Salad Bar, Roll, Seasonal Fruit	9 Open Faced Hot Beef Sandwich, Mashed Potatoes W/gravy, Mixed Vegetables, Applesauce
12 Spaghetti & Meatballs, Normandy Vegetables, Garlic Bread, Bread Pudding	13 Baked Catfish, Red Potatoes, Salad Bar, Home made Roll, Oatmeal Cookie	14 Navajo Tacos, Rice, Beans, Homemade Salsa, Seasonal Fruit	15 BBQ Chicken, Macaroni & Cheese, Salad Bar, Roll, Raspberry Cream Cheese Brownies	16 Hot Turkey Sandwich, Mashed Potatoes, w/Gravy, Peas, Spiced Plums
19 Closed Martin Luther King Day	20 Sweet & Sour Chicken, Rice, Salad Bar, Fortune Cookie	21 Salisbury Steak, Mashed Potato's, w/gravy, Carrots, Seasonal Fruit	22 Lemon Peppered Tilapia , Rice Pilaf, Salad Bar, Roll, Birthday Cake	23 Meatloaf, Mashed Potatoes, w/gravy, Carrots, Pears
26 Philly Cheese Steak, Sandwich, Three Bean Salad, Chips, Cinnamon Roll	27 Taco Salad, Rice, Beans, Fruit Salad Bar Seasonal Fruit	28 Chicken Parmesan, Herb Pasta, Pea's, Home Made Roll, Peaches	29 Homemade Meatball Soup, Salad Bar, Bran Muffin, Jell-O w/fruit	30 Baked Ham, Yams, Broccoli, Roll, Applesauce

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.



The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



CARDS AND TILE GAMES WEEKLY SCHEDULE

MON	Open Pinochle	8:00 am to Noon
TUES	Mexican Train Dominos	12:30 pm to 4:30pm
	Mah-Jongg	12:30 pm to 4:30
	Scrabble	12:30 to 4:30
WED	Open Pinochle,	12:30 pm to 4:30pm
	Mah-Jongg	12:30 pm to 4:30 pm
THUR	Mah Jongg	12:30 pm to 4:30 pm
	Cribbage	12:30 pm to 4:30 pm
	Shuffle Board	9:30 a.m. to 11:30 a.m.
FRI	Open Pinochle	8:00 am to Noon
	Pinochle/Canasta	12:30 pm to 4:30 pm



Mesquite Senior Center • 102 W. Old Mill Road • (702) 346-5290