

HAPPY HALLOWEEN

OCTOBER 2008

102 W. Old Mill Road

City Of Mesquite 702-346-5290

Senior Services Staff

- Sally Coates—Manager
- Sharon Leavitt—Head Cook
- Concepcion Felix—Cook
- Krissy Thornton — Senior Program Asst.
- Isela Zarate— Aide
- Kimberly James—Aide

SENIOR CENTER HOURS

7:00am to 4:30pm
Monday—Friday
Except Holidays

FLU SHOTS ARE COMING

October 7th

Sav-On Health will be at the Mesquite Senior Center.

9:00a.m. to 1:00. p.m.



Annual Community Thanksgiving

Our annual community Thanksgiving is just around the corner. November 26, 2008, from 12:00 p.m. to 6:00 p.m.. We are taking sign ups now for any one who is interested in helping.

Volunteers are needed in preparing the meal, cooking and assisting in the kitchen during the day of the event. We also need help in delivering, cleaning up and in providing entertainment. For more information or to sign up, please contact Krissy or Sally at the Mesquite Senior Center.

Hold on, man. We don't go anywhere with "scary," "spooky," "haunted" or "forbidden" in the title.

Scoby Doo

Get Smart with Art

Our October class will begin on Tuesday the 7th and every Tuesday in October. Cost is \$10.00 for the whole month. This month we will be doing dimensional collage, print making, chalk, and pastel, if interested, you can sign up at the Senior Center.

SPOOKY HALLOWEEN PARTY

On October 29, 2008, we will be having a very spooky Halloween party at the Senior Center. The haunting will begin at 11:00 a.m. till 12:30 a.m., dinner will be served and a spooky eerie entertainment will be provided for all of our seniors to watch and get scared.

We will be having a spooky Halloween bingo at 5:00 p.m, and party till the witching hour of 7:00 p.m.

We will be having the monster 4th ward mummies here to provide all the scary entertainment. Also provided will be a D.J. to let the scary music blast all over the place.

Hope you come and have a frightfully good time.



Veterans Health Fair

On October 18, 2008, from 10:00 a.m. to 2:00 p.m., Mesa View Regional Hospital will be having free screenings for blood pressure, cholesterol, vision, flu & pneumonia shots.

Free BBQ lunch will be prepared by the Mesquite Fire Department along with a Patriotic program at 11:00 a.m., with color guard, music and guest speakers. Please call 346-1137 for more information or if you need a ride.

Welcome to Mesquite BBQ Thursday, October 9, 2008

The City will be having a "Welcome to Mesquite BBQ", at the **Mesquite Recreation Center**. From 11:30 a.m. to 1:00 p.m., come enjoy the great food and great company.



October 2008

M E N U



Lunch served from 11:30 am to 12:30 pm

Senior Services News

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Stroganoff & Noodles, Green Beans, Fruit Cocktail	2 Tilapia, Scalloped Potatoes, Salad Bar, Pumpkin Chocolate Chip Cookie	3 Hot Turkey, Mashed Potato/Gravy, Normandy Vegetables, Pears
6 Tuna Sandwich, Macaroni Salad, Carrots/Peanut Butter, Strawberry Shortcake	7 Navajo Taco's, Rice, Beans, Fruit Bar, Lemon Bars	8 Beans & Ham, Corn Bread, Witch Hair pasta,, Seasonal Fruit	9 Chili/Hot Dog, Salad Bar, Chips, Chocolate Chip Cookie	10 Baked Ham, Yams, Mixed Vegetables, Roll, Applesauce
13 Chicken Fajitas, Spanish Rice, Beans, Peaches	14 Philly Steak Sandwich, Salad Bar, Chips, Creepy Witches Fingers	15 Tomato Florentine Soup, Grilled Cheese, Carrot Salad, Seasonal Fruit	16 Lemon Pepper Fish, Rice Pilaf, Salad Bar, Pumpkin Pie	17 Meatloaf Mashed Potatoes, w/ Gravy, Green Beans, Cranberry/Mandarin
20 Bake Potato Bar, Chili, Broccoli with Cheese Gingerbread	21 Salisbury Steak, Mashed Potato's, w/gravy, Salad Bar, Halloween Cinnamon Roll	22 Sweet & Sour Chicken, Rice, Carrots, Seasonal Fruit	23 Homemade Lasagna, Salad Bar, Garlic Bread, Spooky Birthday Cake	24 Roast Pork, Stuffing/Gravy, Mixed Vegetables, Pears
27 Taco Salad, Rice, Beans, Salsa, Tortilla Chips, Apricots	28 Vegetable Pot Roast Soup, Salad Bar, Home Made Roll, Halloween Cupcake	29 Mummy Ham & Cheese Calzones, Spooky Spinach Salad, Hairy Corn Chips, Halloween Surprise	30 Chicken Fried Steak, Mashed Potatoes, w/gravy, Spooky Salad Bar, Witchy Surprise	31 Senior Center Closed For Nevada Day

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.



The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



CARDS AND TILE GAMES WEEKLY SCHEDULE



MON	Open Pinochle	8:00 am to Noon
TUES	Mexican Train Dominos	12:30 pm to 4:30pm
	Mah-Jongg	12:30 pm to 4:30
	Scrabble	12:30 to 4:30
WED	Open Pinochle,	12:30 pm to 4:30pm
	Mah-Jongg	12:30 pm to 4:30 pm
THUR	Mah Jongg	12:30 pm to 4:30 pm
	Cribbage	12:30 pm to 4:30 pm
	Shuffle Board	9:30 a.m. to 11:30 a.m.
FRI	Open Pinochle	8:00 am to Noon
	Pinochle/Canasta	12:30 pm to 4:30 pm

Mesquite Senior Center • 102 W. Old Mill Road • (702) 346-5290