



102 W. Old Mill Road

City Of Mesquite

702-346-5290

Senior Services Staff

- Sally Coates—Manager
- Sharon Leavitt—Head Cook
- Concepcion Felix—Cook
- Laura Drifill —Driver
- Krissy Thornton — Program Assistant
- Kimberly James – Aide
- Isela Zarate- Aide

• **SENIOR CENTER HOURS**
7:00am to 4:30pm
Monday—Friday
Except Holidays



Ambulance Subscription

We have the 911 Emergency Ambulance Subscriptions forms at the Senior Center.

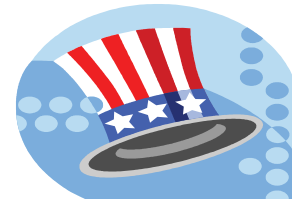
This is for Mesquite Residents only and the cost of the Ambulance Subscription is \$125.00 per year. To apply for this Ambulance subscription you need to fill out an Application and return it with the money to the Mesquite Fire and Rescue Office. Any questions, please call 346-2690

4th of July Bingo

Thursday July 23, 2009

We will be having a Grocery Bingo Senior Center

Please bring in 2 grocery items.
Bingo will start from 1:00-2:00 p.m.
Ice Cream Social will follow.



**This Nation will remain the land of the Free
Only so long as it is the Home of the Brave..**

Lyndon B. Johnson



Free Shelf Stable Meal

Free Shelf Stable Meals will be given away to all seniors 60 years or older on Sat. July 25, 2009 between 8:00 a.m. and 11:00 a.m. at the Senior Center. A stable meal is a meal that has a shelf life of at least 5 months.

This meal can be used whenever needed or in case of an emergency.

These meals will be delivered to our Homebound Seniors from 9:00 a.m. to 1:00 p.m. on the same day.

FYI

Nevada Homestead Act

When you record a Declaration of Homestead, Nevada law protects the equity in your home up to \$550,000 from general creditor claims (unpaid medical bills, bankruptcy, charge card debts, business/personal loans, accidents) but would not preclude a seizure or forced sale if your residence exceeds the from \$550,000.

Recording a Declaration of Homestead protects your principal residence up to the statutory maximum. The Homestead Law does not protect you against debts secured by a mortgage or deed of trust, payment of taxes, IRS lien, mechanic's lien,

Child support or alimony payments.

The recording Fee is \$14.00

The Homestead Law does not exempt property tax.

Christmas in August Dinner

On Saturday August 1, 2009 come join us for a Christmas Dinner here at the Mesquite Senior Center. All Card game players bring your friends for an entire day of fun. The doors will open at 8:00 a.m. and close at 4:00 p.m. Lunch will be served from 11:00 a.m. to 12:30 p.m.

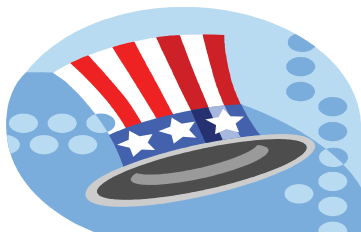
Enjoy the sights and sounds of

Christmas along with a Christmas feast while the Hot temperatures soar to 110 outside. Dress for the occasion and enjoy the wonders of Christmas.



Senior Center Building

Starting in July and August the Senior Center will be closing at 3:30 p.m. instead of 4:30 p.m. due to the Construction of the New Mesquite Senior Center.

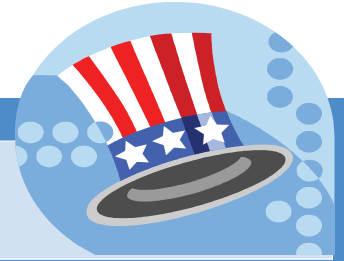
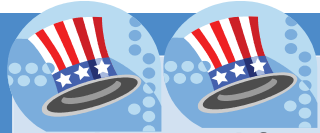


July 2009

MENU

Lunch served from 11:30 am to 12:30 pm

Senior Services News



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Stroganoff, & Noodles, Green Beans, Fruit Cocktail, Cherry Blossom	2 4th of July Picnic (Fried Chicken)	3 Senior Center Closed For the 4th of July
6 Taco Salad, Rice, Beans, Salsa, No Bake Cookies	7 Ham & Cheese Calzones, Salad Bar, Chips, Cantaloupe	8 Lemon Tilapia, Parmesan Pasta , Mixed Vegetables, Chocolate Chip Cookie	9 Open Faced Roast Beef, Mashed Potato's, w/gravy, Salad Bar, Pears	10 Dutch Oven Chicken, Dutch Oven Potatoes, Baby Carrots, Tapioca Pudding
13 Parmesan Chicken, Pasta w/Marinara, Salad Bar, Garlic Toast, Peaches	14 Tuna Sandwiches, Salad Bar, Chips, Chocolate Chip Cookie	15 Chicken Fried Steak. Mashed Potato/Gravy, Green Beans, Cranberry & Mandarin Oranges	16 Kosher Hot Dog, Salad Bar, Macaroni Salad, Seasonal fruit	17 Meatloaf, Mashed Potato/ Gravy, Salad Bar, Fruit Cocktail
20 Sweet & Sour Chicken, Rice, Mixed Vegetables, Homemade Cinnamon Roll	21 Cheese Enchiladas, Salad Bar, Pinto Beans, Jell-O w/Fruit	22 Roast Turkey, Stuffing/Gravy, Carrots, Home Baked Roll, Seasonal Fruit	23 Cheesy Baked Salmon, White Rice, Salad Bar, Blueberry Muffin	24 Roast Pork, Stuffing w/gravy, Peas, Applesauce
27 Cajun Baked Catfish, Red Beans & Rice, Mixed Vegetables, Birthday Cake	28 Swedish Meatballs, Noodles, Salad Bar, WW Roll, Lemon Pudding	29 Cheesy Turkey Pasta, Mixed Vegetables, Homemade Roll, Seasonal Fruit	30 Seven Layer Salad, Salad Bar, Corn Bread, Pumpkin Pie	31 Salisbury Steak, Mashed Potato/Gravy, Mixed Vegetables, Pineapple

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.

The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



**CARDS AND TILE GAMES
WEEKLY SCHEDULE**



MON	Open Pinochle	8:00 am to 4:30 pm
TUES	Mexican Train Dominos	12:30 pm to 4:30pm
	Mah-Jongg	12:30 pm to 4:30 pm
WED	Open Pinochle, Mah-Jongg	8:00 am to 4:30pm 12:30 pm to 4:30 pm
THUR	Mah Jongg Cribbage	12:30 pm to 4:30 pm 12:30 pm to 4:30 pm
FRI	Open Pinochle Pinochle/Canasta	8:00 am to 4:30 pm 12:30 pm to 3:30 pm

